

## Annexure IV:

### Report of NCC activities:

In the year 2017-18, following were the Thrust Areas floated among students for addressing different social issues. Oriented to these themes, 185 programmes of 7340 human hours were conducted.

- Swachha Bharat Abhiyan – Cleanliness
- Complete health
- Substance abuse
- Diabetes awareness
- Food & nutrition awareness
- National integration
- Railway passenger safety
- Road safety - Road traffic guide
- Voter's Awareness & appeal
- Woman empowerment
- Disaster management
- Menstruation Awareness
- Share and Care
- Virtual addiction - Blue Whale Awareness

Theme	Estimated beneficiaries
consumer guidance	668
Diabetes awareness	330
Disaster Management	8194
Domestic garbage disposal	290
E waste collection	90
Blue Whale Awareness	1500
Railway passenger safety	21555
Road safety	992
Share and Care	750
substance abuse	500
Skill building	493
Virtual addiction	450
nationa integration	1850
Walerlitaracy	695
SwachhaBartAbhiyan - Cleanliness	1600
Stem Cell registration	325
Blood Donation	736
Voter's registration & appeal	4000

### Activities

- Crowd control during Ganpati festival and assistance to police
- Exhibition and Explanations of posters in railway police colony Ghatkopar during Ganapati festival
- Street plays in association with Mumbai Police on topics like substance abuse, virtual addiction and road safety
- Milk adulteration drive in which samples checked and reports provided.
- Blood donation camp & stem cell registration, Thalessemia detection
- Road safety counseling and awareness in Ghatkopar
- Awareness drive at Shivaji park on 6<sup>th</sup> December
- Lab safety demonstrations in college laboratories
- Rakshabandhan to 750 railway police on churchgate to Borivali, CSMT to Kalyan and CSMT to Vashi stations and 25 security staff of

the campus

- Railway passenger safety drive on Dadar, Kurla, Ghatkopar, Thane and Kalyan station

- Teaching street children at Bhanduo east
- Drive for voters cards in college for one and quarter month benefitting 450 students
- Voters rally in Ghatkopar on 25<sup>th</sup> Jan with 8 street plays
- Cleanliness drives in railway Police colony ghatkopar
- Summer training for Ramabai colony children for academic as well as skill building.

### **Navrang –A flagship Programme**

5th year of Navratri Festival for railway police housewives. The series comprised themes like

- women a multifaceted personality
- yoga session
- Interpersonal relations and spouse management.
- temperament management for housewives
- legislative support for womanhood
- managing domestic waste
- financial management for housewives
- nutrition diet from daily domestic foods

- **16 street plays**
- **5 evacuation programmes**
- **5 fire drills**
- **90 pimpal and banyan sapling plantation**
- **450 voters I card generation**

### **Camp activities in Dundalwadi village, Dahanu, Palghar**

Activities conducted

- teaching school students from 1st to 8th standard
- Science practicals for 6th to 8th standard
- Group discussion on budding spouse, cashing demographic dividend, should I contribute to population growth, will I be healthy and why to follow tertiary education.
- Weight and height checking of school students
- Awareness on topics such as substance abuse, menstruation, virtual addiction, snake bite, diabetes, tobacco etc
- Visit to all eight padas for menstruation awareness by girl volunteers.
- Session and demonstration on superstition in school and NSS volunteers
- Nail cutting of students and treatment of scabbies
- Conducted skill building games for school students
- Multimedia shown on menstruation
- Session on art of decision making, healthy lifestyle
- Exhibition on topics in school
- DM training and fire drill for school students

- Collection of plastic garbage and elimination at Mumbaipada
- Skill training for housewives
- Rope climbing for NSS volunteers
- Rapling for nareshwadi students and NSS volunteers
- ICT preparations for school prose and poetry reciting
- Garbage collection and elimination in residential area
- Visit & observations of agricultural renovations in Nareshwadi
- Fire drill and evacuation for school students in ChinchalepadaAshramshala
- Conducted competition like story telling, poem reciting etc
- Sharing materials like stitched notebooks, clothes and stationary material with school children.

The camp was visited by Dr. AtulSalunke SLO Maharashtra state and Prof Bidve, NSS coordinator, University of Mumbai.

### **Report of NCC activities:**

#### **Blood donation & organ donation**

Blood donation and organ donation was conducted on 13th december 2017 at K.J.Somaiya college of Science and Commerce NCC unit. Sub.MajorRavindraLadkat sir donated 1 bottle blood. 5 cadets donated blood 1 bottle each. Total 50 units collected.

#### **Run for unity**

On 31st October our unit 1 mah girls BN NCC had taken part in marathon which was held at NarimanPoint.16 of our cadets took active part in marathon. This event was inaugurated by Honorable CM of Maharashtra, ShriDevendraPhadnavis.Marathon began at 8.00am and ended at 10.00am. Run for unity was named as a symbol for unity.

#### **Basic Leadership Camp**

The basic leadership camp 2017 was organized by kolhapur group. The camp was held at Madhavnagar (Sangli). The duration of the camp was from 5th november to 14th november 2017.There were total 6 cadets among them 3 cadets of K.J.somaiya were selected-Sgt.ReshmaShinde, CPL.PallaviKadam, L/ CPL.ShwetaShinde. There were many intellectual activities held in the camp on the basis of all round development, physical training, public speaking, self defence.

#### **Thal Sainik camp:**

In ThalSainik camp, 7 of our cadets of sub unit K.J.Somaiya college of Science and Commerce represented Mumbai B group for state TSC selection, Maharashtra.

SuoMadhuriJagtap, Sargent AfreenSayed, Sargent ReshmaShinde, CPL.Alisha Sayed, L/CPL.PallaviKadam, CdtNehaTomar, CdtSapnaJaiswal. The nominees for different subjects were selected by 1 mah girls BN NCC to represent Mumbai B group were from our unit K.J. Somaiya college of Science and Commerce. They are as follows-

Health and hygiene –ReshmaShinde

Judging distance- Alisha Sayed

Field signals- PallaviKadam

Map reading- MadhuriJagtap

All cadets of our college completed intergroup competition IGC-TSC held at kolhapur .

### **Republic day camp:**

In Republic day camp 2 of our cadets of sub unit K.J.Somaiya college of Science and Commerce represented Mumbai B group for state RDCselection ,Maharashtra . Sargent SayedAfreen and L/CPLAlisha Sayed were selected by 1 Mah girls BN NCC to represent Mumbai B group at Aurangabad .

Both appeared for Best cadet in which Sargent SayedAfreen was selected as reserved best cadet. Both were selected for different dance like ballet and group dance as well as singing.

### **Self defence campaign**

There was a self defence workshop conducted in K.J.Somaiya college of Science and Commerce. Many of our cadets participated in this workshop and learned many techniques of self defence. The aim of this particular workshop was to work on developing self defence skills and provide safety for girls and women. It was a great experience to attend this workshop which provided us the information that can be applied to our personal protection, defensive tactics, executive protection and combative programs. It also helped us in being more confident , stronger and raised our spirits to fight the evil.

### **Sea Sailing**

We got the great opportunity to visit INSTarkash on 3rd October 2017. 15 cadets with 1 Cto and 1 PI staff went for sea sailing. It was the best experience to understand the life of navy officers and crew members. We reached at CST and from there we went to dockyard.Entry to ship was provided to all from the Tiger gate near Ballard estate, Fort. We went through security check, we were adviced not to bring mobile phones, cameras for security reasons. Navy officers had warmly welcomed us. Life jackets were provided. After entering INS Tarkashwe had breakfast and one by one we were taken for interior visit of the ship. Detailed information was given about INS Tarkash. It was among the ships which participated in operation Rahat. Its weapon package include surface to surface missiles, surface to air missiles, advanced torpido launchers, anti missiledefence system and 100 mm gun. it is also equipped with 8 vertically launched Brahmos missile system as the primary strike weapon.

## **Hiking**

An adventure activity was conducted in K.J.Somaiya college of Science and Commerce on 6th Feb 2018, a trek to Kothaligad at Karjat (District Raigad) which was at a height of 3100ft. It is one of the good options for one day trek in Mumbai. The trek was conducted by hills and highways trekking group. It was an exciting and adventurous experience for all the cadets. There were 49 cadets present. We learned a lot of things about trekking and different techniques of rock climbing and balancing oneself. It was a great experience.

## **Drill competition**

The chief guest and judge for the same were respected CHMKiranJadhav and CHMVishwanathSir. JBC drill competition was the very first competition in which K.J.Somaiya college of Science and Commerce took part including second years and first years. A lot of efforts were taken for the competition. We got to learn different things which were noticed during the judging of competition. Every squad was examined minutely in terms of co-ordination, uniform, moves, commands of pc and dd, etc and accordingly points were allotted. It was indeed worth participating. The competition came to an end around 4pm after the prize distribution. The competition at JBC was a great success.

“Health is Wealth” is a very famous quote. Likewise for good health, yoga is very important. Our Prime minister Shri.NarendraModi has declared 21st June as International yoga day. Since then yoga day is celebrated in the whole world, our sub-unit has organized international yoga day in our college K.J.Somaiya college of Science and Commerce on 21st June 2017. Many students participated. It was a great experience.

## **PM RALLY**

The journey for Delhi begins at Ambarnath from 8th Jan- 15th Jan 2018. The selection process continued for 8 days followed by group dance i.e. Marathi folk dance (lezim). We started for Delhi on 16th Jan 2018 by train Dadar-Amritsar reached Delhi (NCC Bhavan) on 18th Jan 2018. The practice session for PM rally cultural dance started at Cariappa ground Delhi. The camp was denoted as NIC II (national integration camp II). Cadets from all 17 directorate were staying together portraying the cultural integration and unity of the country.

Maharashtra was also rewarded with 1st prize in inter-directorate group dance competition held at Delhi. On 28th Jan 2018, all the hardships were paid off after performing in PM rally in front of honourable PM Narendra Modi Sir and also witnessing his words and thoughts so closely. After coming back to Mumbai on 31<sup>st</sup> Jan 2018, the camp was followed by post RDC camp. Indeed it was a great experience and a feeling of patriotism and Incredible India was imbibed into the cadets.